

Shamanic Chinese Medicine Practitioner Training

Information & Registration

Medical Qigong Training is an energetic skill development and personal healing for both health care professionals and lay persons, optionally leading to certification as a Medical Qigong Practitioner, Therapist and Master. Certification is given by Empty Mountain Institute.

Medical Qigong is an ancient form of Chinese Energetic Medicine, dating back at least 5000 years. It is one of the four branches of Traditional Chinese Medicine. Therapists learn to master the secret knowledge passed down from Wu Yi, a Qigong shamanic healer of ancient times. Please read more at johnweiss.ca and www.emptymountain.com

Gifted Qigong Master Teacher **Wendy Lang** MMQ will be offering practitioner training in Vancouver. It is a profound training for self-transformation and becoming a well-balanced practitioner. She will be co-teaching with **John F. Weiss** MMQ this year.

Schedule: This course is offered in four 5-day seminars: 9am-6pm, with roughly a 90-min lunch break.

Next seminar starts Sept. 23rd – 27th, 2020.

MQP 2020/21

- SCMP1: Sept. 23rd – 27th, 2020 (Wednesday - Sunday)
- SCMP2: Nov. 18th - 22nd, 2020 (Wednesday - Sunday)
- SCMP3: March 17th - 21st, 2021 (Wednesday - Sunday)
- SCMP4: June 2nd-6th, 2021 (Wednesday - Sunday)
- Clinic: June 18th-20th, 2021 (Friday - Sunday)

Tuition Fees: The whole course of four 5-day seminars and one 3-day clinic is \$3,955, whether in person or by online. Each seminar is \$895 (for a total \$3580) plus \$375 for the clinic.

If you do the seminar by video, you can take the seminar for free when it is offered again.

Each seminar is \$995.00 when attended individually and without commitment to the year-long program. Students who commit to the full year-long training and clinic get a savings of \$400.

Registration: Please contact John F. Weiss for a registration form at johnfweiss@me.com or by calling 604-731-5533. A deposit of \$367.50 (\$350.00 +\$17.50 GST) will secure your spot. **If you register by August 1st, 2020, you will receive \$100 off your total tuition to be applied on the final seminar.** Payment plans are available, if needed.

For more info, please call John F. Weiss at 604-731-5533 (cell) or Wendy at 415-924-7883 / 778-968-6764 (cell)

Location (Most Likely): Stanley Park Pavilion, 610 Pipeline Rd. Vancouver, upstairs
<http://stanleyparkecology.ca/visit-us/map/>

The Stanley Park Ecology Society office is located on the second floor of the Stanley Park Dining Pavilion. The door is on the northwest side of the building, on the side of the building near the parking area and around the corner from the accessible washroom. The physical address of the pavilion is 610

Pipeline Road, though please note we are not actually located on Pipeline Road. Rather the building is located between the Stanley Park bus loop and Malkin Bowl.

Bus: The Pavilion is easily reached via the #19 Stanley Park bus. For detailed transit directions, please see [Translink trip planning site](#).

Driving Directions from Vancouver:

- Travel northeast on Georgia St. past Denman St.
- Take the right lane exit into Stanley Park.
- Travel straight through the traffic circle onto Pipeline Road, up the hill, following the overhead bus lines.

You can then either:

- Take the first right-hand turn just past the rose garden. Follow this road past the Pavilion and bus loop to the parking lot on your right.
- Alternately, you can also follow the signs for the Miniature Railway, taking the third right-hand turn from Pipeline Road and turning directly into the parking lot.

Parking Stanley Park Pavilion: Approximately \$6 CAD in winter and \$10 per day in summer in the parking lot. Limited parking is available adjacent to the Pavilion. For additional parking, please proceed to the Miniature Railway parking lot, a very short walk away.

Lunches: There are restaurants near by to have lunch or bring your own lunch. We often have lunch together on Sundays. Teas and some snacks are supplied. Please bring a snack to share if you like.

Off Site Classes: All the classes will be videoed (\$50 for DVDs for all 5 days). If you need to miss all or part of one seminar you can do one seminar by video and possibly do it live later. The fee is the same when you take the seminar by video. The DVDs are included in the tuition payment when you study by correspondence. It is acceptable to take one seminar at a distance each level (practitioner, therapist and masters). Video and course materials will be sent to you at that time, and you will be allowed to do the course in person, with Wendy, anytime in the future at no charge.

Textbooks (optional): "The Secret Teachings of Chinese Energetic Medicine", Volumes 1 through 5, by Professor Jerry A. Johnson, founder of the International Institute of Medical Qigong. The set can be purchased at Banyen Books in Vancouver or directly from Wendy Lang for \$400.00 USD Includes shipping and handling to lower 48 states and southern Canada. To place your order: <http://www.emptymountain.com/five-volume-series.php> or email wendy@emptymountain.com

NOTE: *The textbooks aren't required for the first seminar or throughout the course if you don't plan to continue your education to the upper levels of training (Therapist and Masters)*

Reading List: You are not required to read the material in the entire reading list before the class. It is recommended to do so afterwards to that you have a better understanding of the material, if you so choice. Some people read it while preparing for their take home "exams" after the course. The syllabus shows how the reading covers all the books. They are a great reference to have for energy work.

DVDs: Taoist Five Qigong Workout DVD by Wendy Lang, \$20 CAD (and FREE if you buy your books from Wendy directly)

Self-Study: The biggest commitment would be to a minimum of one hour per day for exercise and meditation practice. The reading and tests are on top of that, but the homework/exam shouldn't take more than 6 hours, and the reading should be maybe 10 hours. There are usually at least 8 weeks between classes, so approx. 2 hours study per week. You will be given a chart for you to keep track of this, but you don't have turn it in. It is to help you see how much time you're spending on practice and to encourage you to manage your time in a way that will be most beneficial for you.

Exams: There are 3 take home exams, which assist you in reading the books and contemplating your experience of energy work. The 4th exam is written in class. It is not stressful or complex and supports your understanding of the essentials.

Certificates – Upon successful completion all seminars and the year-end clinic, you will receive a certificate from Empty Mountain Institute. You are then welcome to continue your studies in in Therapist level.

Next Level – There are extra requirements for Therapist and Masters level (see bottom of page)

Practicum: In order to complete the program with International Association of Qigong and Shamanic Chinese Medicine (IAQSCM), you must complete 48 hours of practicum. The practicum does not need to be completed before you take the Therapist program. The Practicum can include:
No more than 12 hours of classes/workshops demonstrating the Medical Qigong workout
No more than 12 hours on sessions with animals
No more than 24 hours of long distance sessions
Majority of the sessions should be one-to-one with the person with you on a massage table.
Also, we need to have at least 6 write ups of which one should be a case study of multiple sessions.

All Levels Clinic is for all levels of students to work together on outside clients in the morning and exchanges later in the afternoon after group discussions. This is also a requirement for IAQSCM certification.

All Levels Clinic dates for 2021: June 18,19 and 20 at the Atrium Inn, 2889 Hastings St. E. Each client will enjoy a free 90 minute session. Register at <http://www.emptymountain.com/welcome-clinic-registration.php>

Massage Tables: Those who have a massage table, please bring it along. Please let me know if you can bring a massage table, pillow and blanket. We will have an extra massage table for those coming out of town. *You will not need a massage table for the first seminar.*

Accommodations options for course

West End Hostel - <http://www.hostels.com/hosteldetails.php/HostelNumber.3987> \$38/night
http://www.hihostels.ca/westerncanada/169/Hi-Vancouver_Downtown.hostel - video

Barclay Hotel on Robson St Single low season \$49 - 69. <http://barclayhotel.com/> Say that you are a friend of Wendy's to get our group discount. Close to Stanley Park.

Reasonable accommodation at UBC - Pacific Spirit Hostel

Next Levels-ILMQ Requirements for Therapist and Masters Levels

Include:

1. TCM fundamentals
2. Anatomy and Physiology
3. a First Aid course
4. Several hours of practicing other forms of Qigong and/or Tai Chi.

TCM Fundamentals course for MQT students inquire:
Mee Lain Ling, Dr. TCM
dr.meelainling@gmail.com